Excellence - Equity - Evolution - Believe - Achieve - Aspire



BURYAN ACADEM

Friday 25th April 2024 www.stburyanacademy.com secretary@stburyanacademy.org Tel: 01736 810480

**BELIEVE, ACHIEVE, ASPIRE** 

Download the free 'eschools lite' app and search for St Buryan Academy TURN ON NOTIFICATIONS AND RECEIVE NOTIFIC WIRN WE UPLOAD OUR NEWSLETTERS. MENUS AND UPDATE OUR DIARY

# Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

15/4/24 - Start of Summer Term

27/5/24 - 31/5/24 - May Half Term

19/7/24 - Last day of Summer Term

Please check the key dates below for upcoming events. New dates may be added across the term so please check our lines of communication when notified.

#### In this edition...

- Welcome
- This week in photos
- Menu Summer 1
- Upcoming dates
- Jubilee Pool offer
- Parental Workshops

Welcome to the latest edition of our newsletter!

We have had a busy few weeks back to start off the Summer Term, as you can tell from our photos and upcoming dates below.

We have already held an intra-house competition this term with a focus on football; congratulations to Longships for winning this. This has put our children in good practice for two upcoming football tournaments to kick-off May. Children involved will have received their letters.

On the 9th May we have our school photos. Please ensure that children are dressed smartly for these. Our Nursery is closed on this day due to some staff training, but nursery children may still come at 8.45am for their photos. Any sibling photos will be done at this time too.

Please note that next week there will be no teacher-led clubs on Monday or Friday due to visitors we have within the school. Apologies for the inconsistency with clubs at the start of the term - but Summer is a very busy one!

Stay and Play on Tuesday, Wednesday and Thursday will continue as usual.

You may have seen that we are working hard to continue in the development with our outdoor areas in both the nursery and Early Years environments. There are ample opportunities for them to develop their motor-skills, enhance their physical development, progress their imaginative play and apply learnt skills in the classroom to challenges outdoors.

Thank you to those who have helped to donate resources to the areas. If anyone is able to help pop in to finish building our new climbing frame for the nursery as well as our new Wendy House kindly donated by the Parish Council, then please come to the hall from drop-off on Wednesday morning - thank you!

There's some great events coming up in the community including Children's Day and free swims at the Jubilee Pool - you can find out more about them in the newsletter.

Have a great weekend Mr McDonald and all at St Buryan Academy Excellence - Equity - Evolution - Believe - Achieve - Aspire BELIEVE, ACHIEVE, ASPIRE THAT A CHIEVE, ASPIRE



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Well done to Longships for winning the house football competition.





Observational skills were built on in Forest School, whilst Finley, Ayla and Rhys lit the fire.





Nanjizal demonstrated great investigative skills in History.

Porthcurno worked with the RNLI on beach safety ready for Summer!



Jacket potatoes now available daily Fresh fruit and yoghurt available daily



**MENU 2024** 

April 15th 2024 - May 24th 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu I W/C 15th April 6th May	Mac 'n' Cheese with peas and salad	Pepperoni or Vegetarian Pizza with wedges and salad	Cottage pie, beans and peas	Roast pork/ vegetarian roast, roast potatoes, peas, carrots, calibraise and gravy	Fish fingers, chips, beans and peas
	Fresh fruit	Sponge and custard	Jelly	Scones and Jam	lce cream

Monday	Tuesday	Wednesday	Thursday	Friday	
Hot dogs/vegetarian sausages, wedges and beans	Meatballs/vege tarian option with tomato sauce and pasta	Chicken/ Quorn curry with rice	Roast chicken/ Quorn, roast potatoes, carrots, peas, cauliflower cheese and gravy	Fish fingers, chips, beans and peas	Menu 2 W/C 22nd April 13th May 20th May
Biscuits	Flapjack	lce cream	Iced buns	Brownies	20th May

Menu 3 W/C 29th April 20th May

includy	Toesday	income successively	morsday	maay
Beefburger/ vegetarian burger, with wedges and beans	Sweet and sour chicken/ Quorn with noodles and prawn crackers	Vegetable pasta bake	Roast gammon/ vegetarian option, roast potatoes, carrots, peas and calibraise with gravy	Fish and chips with beans and peas
Sponge and custard	Tiffin	Chocolate chip cookies	Rice crispie buns	lce cream









Our Parish Council have secured funding for free swimming sessions at the Jubilee Pool from May-October this year! Please visit the Jubilee Pool's website for more information on how to register.

#### **Together for Families Parenting**

# Pa r enting Workshops April - August 2024



# Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

#### **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

• How your child develops

• Understanding how your child is feeling

- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
  - Looking back and looking forwards

#### Workshop Dates

Countywide -	VIRTUAL	
Ages 1-3 Mon	days	22.04.24-24.06.24
	18:00-20:00	Virtual MS Teams
Ages 1-3 Wed	nesdays	05.06.24-07.08.24
	09:30-11:30	Virtual MS Teams
Ages 4-8 Tues	days	23.04.24 - 25.06.24
	12:30-14:30	Virtual MS Teams
Ages 4-8 Mon	days	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11 Thu	ırsdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11 We	dnesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East		
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid	1	
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	08.05.24-17.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
	12:30-14:30	Penzance Family Hub



www.cornwall.gov.uk/parenting



### Parents Plus Adolescent Programme

#### **Workshop Description**

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
  - Getting to know your teenager
  - Establishing rules with teenagers
  - Connecting with your teenager
  - Communicating rules positively
  - The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

### Workshop Dates

Countywide	- VIRTUAL	
Ages 12-	18 Wednesday	s 01.05.24-26.06.24
	18:00-20:0	) Virtual MS Teams
Ages 12-18 N	1ondays 03.06.	24-29.07.24
	09:30-11:3	0 Virtual MS Teams
East		
Algers Layls		02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18 N	Aondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family Hub
Mid	I	
Agday2-18		19.04-24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18 N	Aondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Agesdays18		28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-1	8 Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub







## Supporting Healthy Relationships

#### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other

• How arguments start, and how to manage them constructively

#### **Arguing Better (AB)**

#### **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

• How to support each other

• How arguments start, and how to manage them constructively

• Impact on children

### **Getting it Right for Children (GIRFC)** Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
  - Finding solutions and making compromises

#### **MYBT Workshop Dates**

Countywide	– VIRTUAL	
birth –	dnesdays 17.0 09:30-11:3	4.24-01.05.24 0 Virtual MS Teams
12months Ages pre-Thu	ırsdays 04.07.2	4-18.07.24
birth – 12months		0 Virtual MS Teams

#### **AB Workshop Dates**

Countywide	– VIRTUAL	
Ages 1-19 Th	ursdays	02.05.24-16.05.24
	18:00-20:00	Virtual MS Teams
Ages 1-19 Tu	esdays	02.07.24-16.07.24
	12:30-14:30	Virtual MS Teams

#### **GIRFC Workshop Dates**

Countywide	– VIRTUAL	
Ages 0-19 Fri	days	19.04.24-03.05.24
	09:30-11:30	Virtual MS Teams
Ages 0-19 Th	ursdays	06.06.24-20.06.24
	18:00-20:00	Virtual MS Teams



#### ) www.cornwall.gov.uk/parenting

#### How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

> CORNWALL COUNCIL Together @ for Families

Parenting children aged 0 to 11

SELECT A SERVICE

(ages 1 to 3)

2 hours

This is a Virtual course delivered on Mi

Virtual - Understanding your child 🔘

Understanding your child (ages 1 ) - 3) Troon Family Hub

This is a Face to Face course delivered over... Read more



Together ( for Families

**Supporting Healthy Relationships Workshops** 

SELECT A SERVICE

Take 3 - Virtual

This is a 10-we

Free · 2 hours

Free · 2 hours ()

Me, You and Baby Too - Virtual - 🛛 🔿	Me, You and Baby Too - St Austell
(30 Jan, 6 and 13Feb )	Family Hub (20, 27 Feb and 5
This is a virtual series of 3 sessions running Read more 2 hours	This is a Face-to-Face series of 3 sessions ru Read more 2 hours
Me, You and Baby Too - Penzance 🔵	Arguing Better - Virtual - (30 Jan, O
Family Hub (12, 19, and 26	6 and 13Feb )
This is a Face-to-Face series of 3 sessions ru Read more 2 hours	This is a virtual series of 3 sessions running Read more 2 hours

Add any special requests

First	t and last name *	
Fin	st and last name	
Ema	iil *	
Em	ail	
Add	ress *	
Ad	dress	
Pho	ne number *	
Ad	d your phone number	

Contact us Email: parenting@cornwall.gov.uk Call: 01872 324323

If you would like this information in another format please contact:

Together 💙

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Understanding your child (ages 1

Understanding your child (ages 1 ) to 3) The Park Family Hub

This is a Face-to-Face course delivered over... Read more

- 3) Bodmin Family Hub

This is a Face-to-Face course deliv

2 hours



