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BELIEVE, ACHIEVE, ASPIRE

# ST BURYAN ACADEMY NEWSLETTER

Friday 10th May 2024

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## **Key Dates**

Please check the school calendar through our website regularly - more dates will be added as the term goes on

15/4/24 - Start of Summer Term

27/5/24 - 31/5/24 - May Half Term

19/7/24 - Last day of Summer Term

Please check the key dates below for upcoming events. New dates may be added across the term so please check our lines of communication when notified.

In this edition...

- Welcome
- This week in photos
- Menu Summer 1
- Upcoming dates
- Online Safety: Shopping online
- Jubilee Pool offer
- Parental Workshops

Welcome to the latest edition of our newsletter!

It has been a fantastic couple of weeks on the sporting front! Our football team have qualified for the small-school County finals to take place in Truro on 14th May. It is a great achievement for them; the team features players from year 3 up to year 6 so it is really impressive that our year 3s are more than holding their own against much older children. It is also the second County final we have reached this year after our rugby team made it to the all-Cornwall final, which was unfortunately postponed, earlier this year. Further to this, we had a large representation of St Buryan children who made it to the cross-country County finals as well. What a year for Buryan sport so far!

On Wednesday we took a boys team and girls team to the Leading Edge Football Tournament, made up of teams from our multi-academy trust. Once more, the children performed admirably and a special shout out to our girls team who played for the first time ever. They showed plenty of skill as well as heart, desire and passion as they earned several impressive results! Well done to you all.

Over the weekend many of our children are performing at the St Buryan Feast events, we which them all of the very best and look forward to hearing about it. All of our children have produced art work around the D-Day theme, these are available to view in the Methodist Chapel.

A big thank you to the Feast organisers for choosing the school to collect for, thank you for everyone's support and kindness.

Next week we enter 'exam season', which kicks off with our Year 6 SATs. These are tests in spelling, punctuation and grammar, reading and maths which are spread out across the week. Our children are incredibly well prepared and I know will take it all in their stride. Whilst we aim to create a pressure-free environment, as much as we can, I just want to say good luck to them all - not that they need it - and we are all very proud of you! Good luck to our former pupils who may be sitting their GCSEs, A-levels or other exams over the next few weeks too!

Have a great weekend Mr McDonald and all at St Buryan Academy

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Jacket potatoes now available daily Fresh fruit and yoghurt available daily

Signort available daily

**MENU 2024** 

April 15th 2024 - May 24th 2024

## Menu 1 W/C 15th April 6th May

Monday	Tuesday	Wednesday	Thursday	Friday
Mac 'n' Cheese with peas and salad	Pepperoni or Vegetarian Pizza with wedges and salad	Cottage pie, beans and peas	Roast pork/ vegetarian roast, roast potatoes, peas, carrots, calibraise and gravy	Fish fingers, chips, beans and peas
Fresh fruit	Sponge and custard	Jelly	Scones and Jam	lce cream

Monday	Tuesday	Wednesday	Thursday	Friday
Hot dogs/vegetarian sausages, wedges and beans	Meatballs/vege tarian option with tomato sauce and pasta	Chicken/ Quorn curry with rice	Roast chicken/ Quorn, roast potatoes, carrots, peas, cauliflower cheese and gravy	Fish fingers, chips, beans and peas
Biscuits	Flapjack	lce cream	Iced buns	Brownies

## Menu 2 W/C 22nd April 13th May 20th May

## Menu 3 W/C 29th April 20th May

Monday	Tuesday	Wednesday	Thursday	Friday
Beefburger/ vegetarian burger, with wedges and beans	Sweet and sour chicken/ Quorn with noodles and prawn crackers	Vegetable pasta bake	Roast gammon/ vegetarian option, roast potatoes, carrots, peas and calibraise with gravy	Fish and chips with beans and peas
Sponge and custard	Tiffin	Chocolate chip cookies	Rice crispie buns	lce cream

# WHAT'S HAPPENING SUMMER TERM

2024



at It Buryan Academy

## DON'T FORGET

TO...

Bring your waterbottles and apply sun-cream in the morning! You may want to pack sun-cream children can apply themselves if needed for during the day.

## FOREST SCHOOL

Penberth and
Porhcurno until half
term!
Despite the sun please
make sure they are
prepared for all
weathers.

## TEACHER-LED CLUBS

Mondays Whole school
TEAM SBA Club (a
range of team-building
activities
Fridays Rec&KS1 Film Club
KS2 Sports Club

## **INSET DAYS**

Friday 7th June Monday 22nd July Tuesday 23rd July 8 YAM DNA I YAM

KS2 FOOTBALL
TOURNAMENT AT
MOUNTS BAY
ACADEMY
3.30PM

## SCHOOL PHOTOS May 9th

Please wear appropriate uniform for individual and class photos.

YEAR 6
SATS

13th - 16th May ISLES OF SCILLY

CAMP 17th-21st June

May 14th pre-camp meeting for parents after school.

## **MINACK**

The whole school
will be attending
The Minack
Theatre on
Monday 24th
June - look out
for letters!

# WHAT'S HAPPENING SUMMER TERM

2024



at It Buryan Academy

YEAR 3/4
AND YEAR
1/2 CAMPS
Y3/4 26th&27th
June
Y1/2 27th June

PARENTAL INTERVIEWS

Week of 1st July

SPORTS DAY AND
SUMMER FETE
11th July at
Community
House:
Sports Day at
1.30pm followed
by Summer Fete

## YEAR 6 LEAVERS' SERVICE

Year 6 families to join us to celebrate their primary school lives from 2pm in the school hall on the 16th July.

LAST DAY OF TERM

19th July 1.15pm finish

## **NEWSLETTER**

Remember to check our fortnightly newsletter to see what we have been up to, extra dates added to the diary and for advice covering a range of topics.

# KEEP AN EYE OUT FOR...

Progress and attainment updates for Spring Term will be sent out this week along with your child's class termly overview.

## **ATTENDANCE**

Please keep up the fantastic efforts with school attendance. Last term we ended up above the national average, so please continue this to finish the year - thank you!

## **UNIFORM**

We are now wearing summer uniform. Please ensure that your child continues to wear appropriate school shoes.

As we are no longer swimming, children should only wear PE kits on Tuesdays from now.

Thank you



Our Parish Council have secured funding for free swimming sessions at the Jubilee Pool from May-October this year! Please visit the Jubilee Pool's website for more information on how to register.

# What Parents & Educators Need to Know about

WHAT ARE THE RISKS? For people looking to make purchases on their phones, several shopping apps – such as Temu – allow users to buy goods at reduced prices. Others, like Vinted and Depop, let you sell items you no longer want. As internet shopping continues to grow, however, so does the risk of scammers, hackers and breaches of privacy.

## MISSING **ITEMS**

ers of Vinted, Depop and Temu have reported or and five days (depending on the app) to tell e company what has happened. However, nce the money has reached the supposed

THE PERSONNEL AND PROPERTY.

## SCAMMERS AND **PHISHING**

nmers are always on the lookout for suspecting buyers or sellers. Common tactics dude cancelling shipment of an item once the payment has been processed or asking to conclude the chat and payment outside of the app, where the victim is no longer protected by

## DATA MISUSE

pps of all kinds frequently collect our data, Apps of all kinds frequently collect our data, often asking for more information than is necessary to set up an account. Data gathered in this way is then usually sold on to third parties for marketing purposes. Lately, certain apps have been under scrutiny for using spyware to track their members' activities – but all too often, the user's consent to this practice has been hidden away in the terms and conditions.

## FAKES OR

products to be falsely marketed as luxury items, using misleading pictures or clever wording. These disingenuous sales are sometimes outed may have.

## SLOW REFUNDS

While all apps offer a refund if the product is damaged or doesn't match the description, it can take up to a month to be compensated for this. For many people (especially during a cost-of-living crisis) that can be a long time to be without both the product you bought and the hard-earned cash you spent on it.

## MISLEADING DESCRIPTION

product's photo and its description don't seem to match. This isn't a reliable means of picking up on misleading marketing, however – especially not for children and young people, many of whom may not yet realise that such practises even exist. While it's illegal to advertise one thing and sell another, plenty of shady traders use clever wording and omissions to get around this.

# SIZE 12 GENUINE BRAND

## Advice for Parents & Educators

## ALWAYS STAY ON THE APP

## BE WARY OF PHISHING ATTEMPTS

Scammers frequently send messages within these apps to steal personal and financial information from other users. Don't respond to these messages – and under no circumstances should you follow any links they contain. Check for spelling errors, as well as inspecting the name of the sender. Report any suspected phishing emails to the app's help centre – and notify your bank if you think your financial information has been compromised.

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed and implemented anti-bullying and cyber safety workshops and policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.

## CHECK REVIEWS

Take time to read the reviews and comments left by other users – not just of products, but of sellers and buyers, to ensure they're legitimate and reliable. Before buying an item online, check the reviews for comments about the product's quality, the seller's communication and the delivery time. If you're selling, check the reviews of your buyer for red flags such as frequent requests for refunds or claims of 'missing' items.

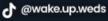
## KEEP SAFE AS A SELLER

Sellers can be exploited just as much as buyers. Some users may purchase an item, for example, then pretend it didn't arrive to secure a refund. Always take photos of the shipping label, along with a picture of you posting the item. Send the package's tracking number to the buyer and keep a copy for yourself, letting you investigate any future claims that it never arrived. When taking photos of items you're selling, ensure nothing personal is in the background.



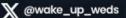
Source: See full reference list on guide page at mational college com/guides/shopping-apps





The

National College







## **Together for Families Parenting**

# Pa r enting Workshops April - August 2024



# Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

## **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
  - Tuning into what your child needs
  - Responding to how your child is

## feeling

- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
  - Looking back and looking forwards

## €

## **Workshop Dates**

Countywide –	VIRTUAL	
Ages 1-3 Mondays		22.04.24-24.06.24
	18:00-20:00	Virtual MS Teams
Ages 1-3 Wednesdays		05.06.24-07.08.24
	09:30-11:30	Virtual MS Teams
Ages 4-8 Tuesd	ays	23.04.24 – 25.06.24
	12:30-14:30	Virtual MS Teams
Ages 4-8 Mond	ays	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11 Thur	sdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11 Wed	nesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East		
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	08.05.24-17.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
-	12:30-14:30	Penzance Family Hub



## Parents Plus Adolescent Programme

## **Workshop Description**

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
  - Getting to know your teenager
    - Establishing rules with teenagers
  - Connecting with your teenager
  - Communicating rules positively
  - The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

## **Workshop Dates**

Countywide - VIRTUAL				
Ages 12-18 Wednesdays 01.05.24-26.06.24				
	18:00-20:00 Virtual MS Teams			
Ages 12-18 N	londays 03.06.	24-29.07.24		
	09:30-11:30 Virtual MS Teams			
East				
Algerstlayls8		02.05.24-04.07.24		
	09:30-11:30	Saltash Family Hub		
Ages 12-18 N	/londays	13.05.24-15.07.24		
	12:30-14:30	Wadebridge Family Hub		
Mid				
Ageays2-18		19.04-24-21.06.24		
	12:30-14:30	The Park Family Hub		
Ages 12-18 N	Иondays	13.05.24-15.07.24		
	12:30-14:30	Newquay Family Hub		
West				
Agesdays18		28.05.24-23.07.24		
	12:30-14:30	Penzance Family Hub		
Ages 12-1	8 Wednesdays	05.06.24-31.07.24		
	12:30-14:30	Helston Family Hub		





# **Supporting Healthy Relationships**

## Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

## **Arguing Better (AB)**

## **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

## **Getting it Right for Children (GIRFC)**

## **Workshop Description**

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
  - Finding solutions and making compromises

## **MYBT Workshop Dates**

Countywide – VIRTUAL			
Ages pre-We birth – 12months	dnesdays 17.04 09:30-11:3	1.24-01.05.24 0 Virtual MS Teams	
Ages pre-Thu birth – 12months	18:00-20:0	4-18.07.24 0 Virtual MS Teams	

## **AB Workshop Dates**

Countywide – VIRTUAL			
Ages 1-19 Thursdays		02.05.24-16.05.24	
	18:00-20:00	Virtual MS Teams	
Ages 1-19 Tuesdays		02.07.24-16.07.24	
	12:30-14:30	Virtual MS Teams	

## **GIRFC Workshop Dates**

Countywide – VIRTUAL			
Ages 0-19 Fridays		19.04.24-03.05.24	
	09:30-11:30	Virtual MS Teams	
Ages 0-19 Thursdays		06.06.24-20.06.24	
	18:00-20:00	Virtual MS Teams	



www.cornwall.gov.uk/parenting

## How to access

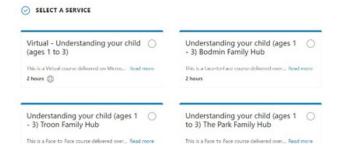
Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



## Parenting children aged 0 to 11





## Parenting Young People aged



## **Contact us**

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100





