

BELIEVE, ACHIEVE, ASPIRE

ST BURYAN ACADEMY NEWSLETTER

Tuesday 19th December 2023

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STAY UP-TO-DATE WITH SCHOOL NEWSLETTERS, MENUS AND DATES

Download the free 'eschools lite' app and search for St Buryan Academy

TURN ON NOTIFICATIONS AND RECEIVE NOTICE WHEN WE UPLOAD OUR NEWSLETTERS, MENUS AND UPDATE OUR DIARY!



Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

4/1/24 - Back to school

12/2/24 - 16-2/24 - February Half Term

28/3/24 - Last day of Spring Term

15/4/24 - Start of Summer Term

27/5/24 - 31/5/24 - May Half Term

19/7/24 - Last day of Summer Term

INSETS ON PAGE 3

In this edition...

- Welcome
- Spotlight on Autumn Term
- Photos
- Spring 1 Menu
- Attendance
- Online Safety: Tech Free Christmas

Welcome to the final newsletter of 2023!

What a year it has been and in this newsletter we will recap some of the wonderful things accomplished this term.

I am under no illusion that at St Buryan Academy, we are a small, rural school. But that is even more reason to provide our children with amazing experiences and memories that will hopefully last a lifetime; whether they be academic, sporting or character developing experiences - or even ones that are just about living, laughing and having a good time! This is something I am really passionate about and I really believe that at St Buryan Academy we really do go above and beyond!

On the next page I will summarise some of our memorable moments from the term, but before I do I just wanted to extend a 'thank you' to our whole school community: our children, parents, staff and beyond! This term we have done so much fundraising for those who may be less fortunate than ourselves. We have raised money for Children in Need, Man Down, Samaritans, Your Voice Cornwall and more! We also collected for St Buryan Food Larder at the church just in time for Christmas - so a huge thank you to everyone who has been able to support us with these causes over the term.

As well as this, we raised some much needed funds at our recent Christmas shows - which I am sure were a huge highlight for many - these go back to providing resources and further opportunities for our children; as do the funds our wonderful Friends of St Buryan Academy raise. They have run several events already this year with Big Breakfasts, Bonfire Barbeques and refreshment services at school - with much more to come after Christmas. They even pulled some strings in getting the 'Big Man' to visit us this week with some early presents for our amazing children.

A big thank you to our staff too! I think it often goes unthought of just the amount of work all staff in schools put in; especially at this time of year with performances and all - so a big thank you to them and to your kindness in Christmas cards and gifts.

Lastly, but certainly not least, our incredible children who make us all proud everyday. It was picked up on that: **"Pupils are kind and courteous. They look out for others and ensure that everyone feels included. This helps pupils to feel safe and secure. Pupils are happy to attend St Buryan Primary School. They greet each other warmly and value their friendships."**

Whilst I will go on to mention achievements across the school, I think it is so important to remember the statements above; the environment we aim to provide our children and families as well as the characteristics that help shape our children.

Thank you and have a wonderful Christmas and New Year

Mr McDonald and all at St Buryan Academy

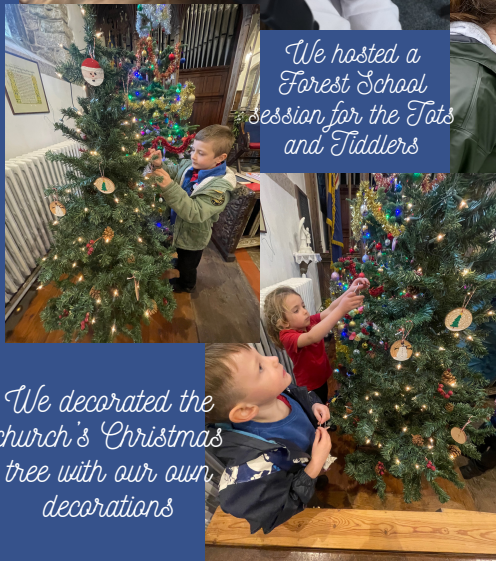
SPOTLIGHT ON... AUTUMN TERM



Our rugby team made it to the county finals for the first time ever!



We are in third position for Times Table Rockstars out of all of the Perwith primary and secondary schools



We hosted a Forest School session for the Tats and Tiddlers



We decorated the church's Christmas tree with our own decorations



Our Christmas performances were a huge hit - the children were fantastic!

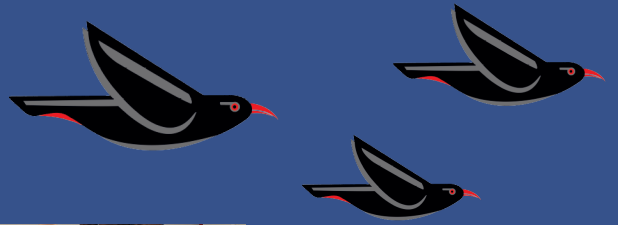


We had a special visitor and some early Christmas presents!

Ms Eustice joined us this term and put together a cracking Christmas Dinner with the help of her cheeky elves!



SPOTLIGHT ON... AUTUMN TERM



Nanjigal made some amazing stain glass windows which you can see over the holidays at PEK Museum

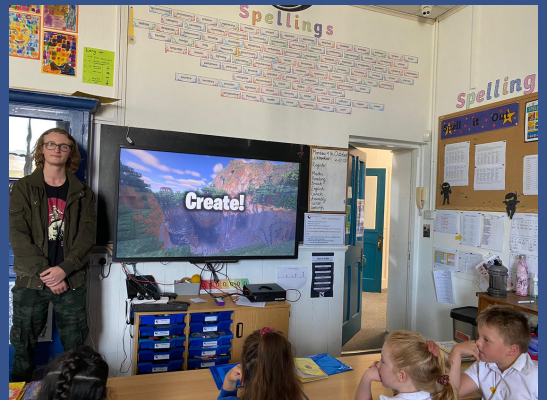


Our cross country team continues to grow and put in some great displays



Our forest school is accessed by all children

We welcomed back former pupil, Finley, who shared some of his successes in the gaming world!



We started days with a dance to promote a positive well-being



Our Year 4s took part in a well-being ambassador programme to support children around the school as well as themselves



We worked with the mental health charities Man Down Cornwall, Your Voice Cornwall and Samaritans to focus on positive well-being and what we can do to support others



We worked with Penzance Tennis Club and TV Coaching



We watched the panto Peter Pan at the Hall for Cornwall

Follow our Facebook page for regular updates!

INSET DAYS 2023/24

MONDAY 4th SEPTEMBER 2023 ✓

TUESDAY 5th SEPTEMBER 2023 ✓

FRIDAY 7th JUNE 2024

MONDAY 22nd JULY 2024

TUESDAY 23rd JULY 2024

WEDNESDAY 24th JULY 2024

DO YOU HAVE A CHILD DUE TO START SCHOOL?

ARE YOU NEW TO THE PENWITH AREA AND LOOKING FOR THE RIGHT SCHOOL FOR YOUR CHILDREN?

Book a tour of
ST BURYAN ACADEMY
 Meet our children and staff!
 Tour our school and environment!
 See what our school has to offer!

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CREATIVITY CONFIDENCE COLLABORATION INDEPENDENCE
 Excellence - Equity - Evolution - Believe - Achieve - Aspire

Leading Edge Academies Partnership

HELLO SPRING

January 4th 2024 - February 9th 2024

MENU 2024

Jacket potatoes available Mon-Thurs
Fresh fruit and yoghurt available daily



Fish fingers, chips and beans

Pasties (meat or cheese) or sausage rolls with beans

Apple crumble and custard
THURS 4TH JAN 2024

Cookies
FRI 5TH JAN 2024

Menu 1
w/c
8th Jan
29th Jan

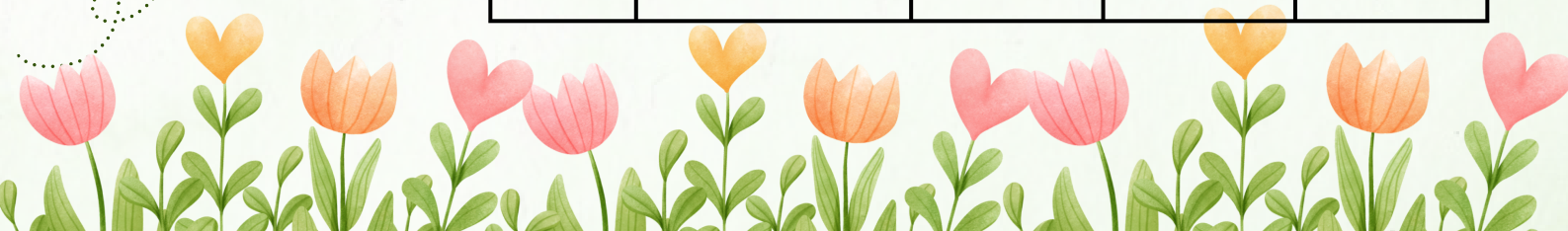
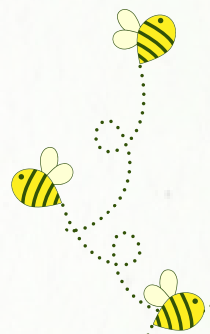
Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs, pasta and tomato sauce	Hot dogs or vegetarian sausage in a bun with wedges and beans	Roast chicken, carrots, peas, roast potatoes, calibrese and gravy	Fish cakes, chips and beans	Pasties (meat or cheese) or sausage roll served with beans
Chocolate chip cake	Peach cobbler	Jelly	Iced fairy cakes	Choc Crispy

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli/vegetarian chilli with rice and salad	Chicken/Quorn sweet and sour noodles	Roast pork/Quorn roast, roast potatoes, carrots, peas, calibrese and gravy	Sausages and chips with beans	Pasties (meat or cheese) or sausage roll served with beans
Ice cream	Chocolate sponge	Cookies	Rice pudding	Brownies

Menu 2
w/c
15th Jan
5th Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Mac n cheese with peas	Cottage/vegetarian pie and beans	Roast gammon, carrots, peas, roast potatoes, cauliflower cheese and gravy	Pizza, chips and beans	Pasties (meat or cheese) or sausage roll served with beans
Flapjack	Bread and butter pudding	Choc chip sponge	Jelly	Fresh fruit

Menu 3
w/c
22 Jan



Why attendance matters

At St Buryan Academy we take attendance seriously. Good punctuality and high attendance helps promote a child's success and happiness in and out of school.

High attendance fosters:

Positive attitudes towards learning

Higher chances of achieving (or surpassing) academic development

The best chances to develop and foster friendships and social skills

Did you know that?

School is open for children for 195 days - meaning they already get 170 days off each year!

90% attendance is still 4 weeks off school each year!

80% attendance = 1 day a week off over 5 years = 1 full year of school missed!

Over a year, 10 minutes late each day is 6 full days of school

Thank you for supporting us with our push on raising our attendance figures



12 Top Tips for Children and Young People to Enjoy a TECH-FREE CHRISTMAS

The Christmas holidays are tailor made for families to enjoy relaxed quality time in each other's company – but with distractions like pinging phone notifications, the lure of games consoles and online Boxing Day sales, that can be more difficult than it sounds. Staying off our phones, laptops and tablets, however, can really help us to appreciate the things that genuinely matter at this special time of year. Follow our 12 top tips for a tech-free festive season ... Yule be glad you did! Merry Christmas!

CHRISTMAS CRAFTING

Get out the paper, glue and scissors and have a go at hand-making cards or gift tags. You could also create your own decorations to add a uniquely personal touch to the Christmas tree.

NATURE QUEST

Try a scavenger hunt in the garden or your local park. Challenge yourself and your family to find natural treasures that are symbolic of this time of year – like holly or pinecones, say.

CAROL KARAOKE

Sing your hearts out with a Christmas carol karaoke night. Pick out your favourite tunes and enjoy a musical celebration with family and friends.

WANDER DOWN MEMORY LANE

How about making a scrapbook filled with your favourite memories from Christmases gone by? Unleash your creativity while you enjoy reliving those magical holiday moments.

TRY REFLECTIVE JOURNALLING

Jot down your thoughts, feelings and reflections on the holiday in a notebook or diary – you could also list some of your main goals for the new year.

WRAP IT UP

Take time to get inventive with some luxurious gift wrapping. Break out the wrapping paper, ribbons and bows to make parcelling up those presents into a creative adventure.

WALK IN A WINTER WONDERLAND

Delight in the great outdoors with some gentle walks over the holiday. The family can all wrap up warm as you add to your step count and savour the crisp winter air together.

BE A SEASONAL CHEF

Get the whole family working together in the kitchen for some Christmas cooking. Choose a recipe and whip up a festive feast that all of you can enjoy.

ENJOY A CHRISTMAS STORY

Christmas is a perfect time for sparkling stories. Get cosy and lose yourself in a brilliant book, from Dickens to Dr Seuss or a more modern favourite by Chris van Allsburg or Tom Fletcher.

SNOWY SCULPTURES

If we're fortunate enough to get a white Christmas this year, make the most of the opportunity by having a family snowman-building competition!

GAMES NIGHT GALA

Dive into some old-school fun with a tech-free games night. Classic board games and card games have stood the test of time for a reason!

GOODWILL TO ALL

You and your family could spend a day volunteering – perhaps at a food bank or helping a local charity. After all, kindness and thinking of others are part of what Christmas is all about.

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. They also provide training and support to education organisations and local authorities – empowering school leaders and staff with the knowledge and tools to shape their settings into inclusive communities where the mental health of pupils and personnel is prioritised.



The National College



National Online Safety

#WakeUpWednesday